



UNIVERSITÀ  
DEGLI STUDI  
DI PADOVA

**MOBILITY OPPORTUNITIES**



## MEETING AGENDA

- What is a mobility period?
- Opportunities offered by UNIPD
- Our tips: how to plan a smooth mobility period
- The step-by-step procedure to apply for Erasmus+/Semp



**Are you aware of the possibility of spending a period of mobility during your studies?**



**Why this meeting?**

- ✓ **To inform** you about all the possibilities that UNIPD offers to students who want to spend a period of study abroad
- ✓ Willing to help you **to prepare** a personalised mobility path
- ✓ **To guide** you throughout all the options





## Main characteristics of a mobility period



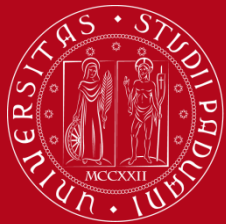
- ✓ Opportunity **to study** in another university, in person or online, **work** on a thesis, cooperate in a project or **take an internship** abroad
- ✓ On a **voluntary** basis
- ✓ Economic **contribution**
- ✓ Regulated by **calls of application**: plan well in advance!
- ✓ **Heterogeneous** duration and departures
- ✓ Different **contact person/office** depending on the call/on the programme



## Mobility is a life-changing experience for students. Why?



- ✓ Boost your **career**
- ✓ Grow your **professional and academic network**
- ✓ Develop great **transversal skills** for your CV
- ✓ Facilitate **personal development**
- ✓ **Broaden** your mindset by meeting new people



# WHAT IS A MOBILITY PERIOD



**We know it can be scary,  
but**

too costly



plan in advance

too much bureaucracy



long procedure but  
office in support for a  
smooth process

too scared



many services dedicated  
to you, ready to help

I am already abroad



you will not get another  
opportunity, don't miss  
this chance!



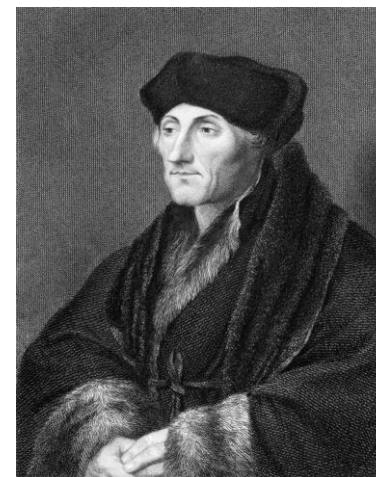


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# WHAT IS A MOBILITY PERIOD



Europe is a **multicultural** and  
**multilingual** entity



Erasmus of Rotterdam 1466 - 1536



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**OPPORTUNITIES OFFERED BY  
UNIPD**





MOBILITY PROGRAMME	WHAT IS IT?
Erasmus+ for Studies	Study period abroad in the European Union. Duration: between 2 and 12 months
Erasmus+ for study beyond Europe	Study period abroad in non-European countries. Duration: between 2 and 12 months
ARQUS Alliance	Opportunities offered by the ARQUS Alliance, equated to the Erasmus project. Direct agreements of the University of Padua with prestigious universities in Europe.
SEMP - Swiss European Mobility Programme	Study period abroad in Switzerland. Duration: between 2 and 12 months
Erasmus+ for Traineeship	Internship period at a foreign company. Can be carried out up to 12 months after graduation. Duration: up to 12 months
Ulisse Programme	Study period abroad in non-European countries. Duration: between 2 and 12 months



<b>MOBILITY PROGRAMME</b>	<b>WHAT IS IT?</b>
Virtual Exchange	Student-centered collaborative group work, aiming at the creation of a joint project and/or discussion of interdisciplinary issues
Virtual Mobility (VIP)	Online lessons and online interaction with other students/tutors
Blended Intensive Programmes (BIP)	Part of the Erasmus+ Project: virtual lessons combined with in presence exchange period







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**OUR TIPS**

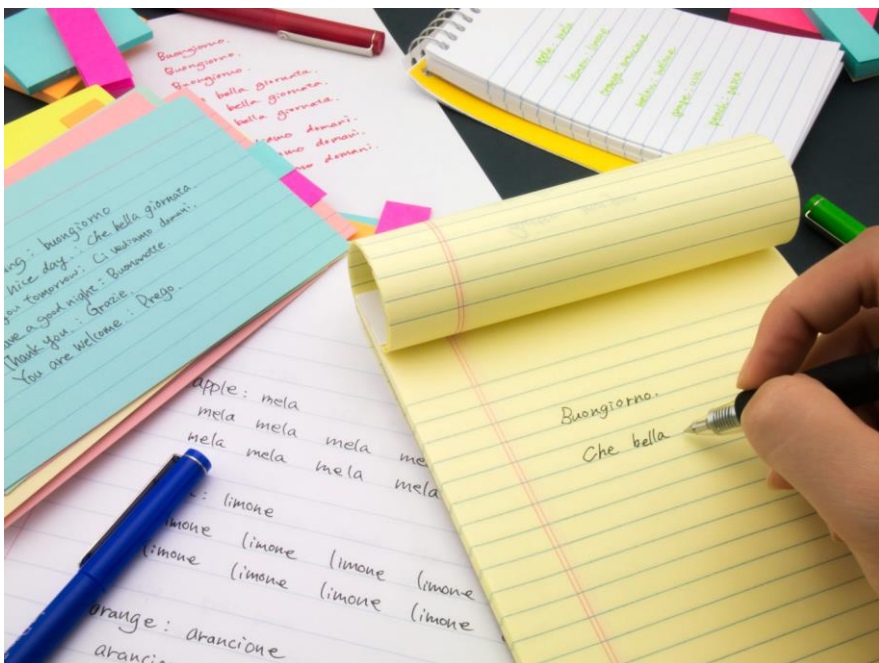
**Start well in advance to prepare yourself:  
plan each step to avoid last minute problems!**

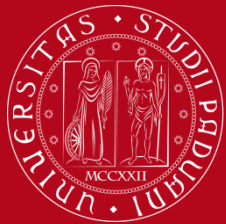
**Before applying for an  
exchange period:**

-  consider your study plan
-  check the agreements between universities
-  remember: each university has a **different system**
-  discover if there are scholarships  
**incompatibilities**

**In case of physical mobility:**

-  visa
-  residency permit
-  financial means



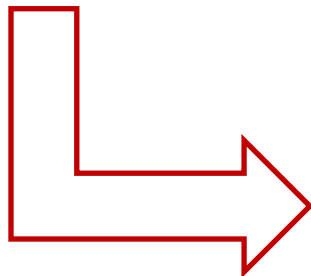


You are **actively involved** in the creation of your study plan!

- ✓ **Look for information** in the website of the University you are interested in
- ✓ Check which **exams** you may choose abroad (agreements between universities/departments)
- ✓ Compare it with the exams required in your **study plan**



**Students enrolled in the Master's degree programme in Medical Biotechnologies can perform thesis related activities only and not exams**



## Pros:

- ✓ You will improve your level of autonomy
- ✓ You will boost your problem solving skills
- ✓ You will enhance your decision making skills



✓ Not all the exams offered by the partner university are available to exchange students



Check the **agreements** between university/departments  
Check the modality of enrolments to courses (e.g.: click days)

✓ Do you want to **work on your thesis** while in exchange?



Check the availability of the partner

✓ Plan wisely when you want to leave



Consider the organization of **academic years**, when your **residence permit** expires, when **exam sessions** are set

✓ Check **language requirements** asked by hosting universities



Check if you fulfill the requirements



CLA organises language courses for exchange students who have been selected for a mobility period. Remember you can obtain language certifications from CLA.



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**OUR TIPS:  
PHYSICAL MOBILITY**



## Do you have a RESIDENCY PERMIT to stay in Italy?



When you leave for a mobility period you should have a **residency permit in Italy valid** for the period of your staying abroad



Pay attention to the **expiry date** of your residence permit



**Plan** your mobility period when your residency permit is valid



Consider to **renew** it well in **advance**

Always contact **SAOS Desk** for information and procedures

Email: [saos@unipd.it](mailto:saos@unipd.it)

**Book an appointment with SAOS Desk**





**Would you need a VISA, a Residence Permit for the country of destination, both or some other paperworks?**



- ✓ VISA release could take some time
- ✓ Get information well in advance about **required documents**
- ✓ Be prepared: you will be asked for a **proof of financial means**

**Each situation is different**



**Get information** from your hosting University and from the National Organisation's website of the country of destination



Check the requirements contacting the relevant **embassy/consulate** in Italy





**Be sure you consider all the FINANCIAL ASPECTS when you decide to apply for a period abroad!**

✓ You will not be asked to pay **tuition fees** at the hosting university.



But there is the possibility you will be asked for a fee.

✓ Evaluate if you are moving to a **high spending** or **low spending** destination.



Check in advance with the hosting university

✓ Remember you need to look for an **accommodation** abroad.



In some countries there is a crisis of accommodation.



Check in advance if the hosting university offers an accommodation to exchange students



## OUR TIPS - PHYSICAL MOBILITY: FINANCIAL ASPECTS



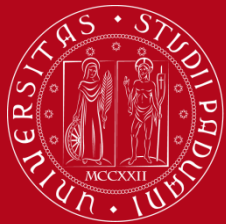
### Remember!

- ✓ Don't rely only on the **mobility scholarship**
- ✓ **Proof of finance:** document released by Erasmus Office, useful for VISA request (not available for departure in I semester: information about scholarships not published yet).
- ✓ The grant depends on the achievement of a minimum **number of credits**.  
*E.g.: Erasmus programme: at least 12 credits;  
Ulisse programme: at least 3 credits*



The grant is divided into **two installment:** the first one, which can be paid up to **60 days** after the beginning of the mobility period, and the second one, paid after **the end** of the exchange period

- ✓ You can apply for **additional contributions**. These are defined each year and can change according to ISEE and merit
- ✓ The amount of the scholarship is established according to the **actual months** you spent abroad



# OUR TIPS - PHYSICAL MOBILITY: PROOF OF FINANCE

## NORWAY

approximately 10.500 euro/year



## GERMANY

approximately 11.200 euro/year



## ROMANIA

approximately 2.500 euro/year



## CZECH REPUBLIC

approximately 1.524 euro/year



